

2025-2026 DANCE MAJOR HANDBOOK



 Department of Dance
Franklin College of Arts and Sciences
UNIVERSITY OF GEORGIA

UNIVERSITY OF GEORGIA DEPARTMENT OF DANCE



Department of Dance
Franklin College of Arts and Sciences
UNIVERSITY OF GEORGIA

August 2025

Welcome to the UGA Department of Dance!

This Dance Handbook provides “everything you need to know” as a dance major at UGA!!! Along with information on degree requirements and policies, this handbook will also answer some of the many questions you may have as you work toward your undergraduate degree in dance.

As a student at UGA, you are responsible for knowing what classes you need to take and when those classes are offered. This handbook contains most of the information that you will need. Each semester you will have an advising session with your academic advisor who is available to assist you in mapping-out your schedule and graduation requirements.

By cross-referencing the Dance Major Handbook and ATHENA (UGA's student information system including an online list of classes) before your advisement session, your advisor can make sure you enroll in the right classes at the right time. Your advisor will inform you of any changes in the policies or requirements in the Department of Dance and the University of Georgia System. Your successful completion of all course work toward completion of your degree is ultimately your responsibility. Changes in your academic journey - such as a change of major, leave of absence, academic probation, tours and travels - are also your responsibility when keeping up with your program of study.

Be conscientious about your health and safety and be attentive to your education and college career. This can be a wonderfully challenging and magical time in your life. Make the most of it, explore the many pathways toward knowledge, but plan your journey well and

. . . Happy Dancing!!!



UNIVERSITY OF
GEORGIA

263 Dance Building
Athens, Georgia 30602
TEL 706-542-4415 | FAX 706-542-4084
www.dance.uga.edu

Franklin College of Arts and Sciences
Department of Dance

August 13, 2025

To all our new and returning Dance Majors ~

Welcome to the
Department of Dance
at the
University of Georgia!!

We are delighted to have you as part of our exciting program of study in dance! It is our sincere hope that you will find your academic experience to be rewarding, nurturing, and fulfilling.

The UGA Department of Dance offers the Bachelor of Arts in Dance degree designed to be supportive of all students, including those pursuing double degrees, additional minors, or a performance focus. There is also a Teacher Certification option and for those who may be interested, a double dawg degree with a Dance AB/Non-Profit Management and Leadership MA. We have designed these opportunities to enrich your education, training, and career preparation. Each degree and certification has specific requirements, so we encourage you to read the handbook thoroughly and carefully to select the best pathway for you.

As you familiarize yourself with the Department of Dance, you will learn that the department is part of the Franklin College of Arts and Sciences headed by Dean Anna Stenport with Dr. Adam Goodie serving as the Associate Dean of Fine Arts. We are proud to be part of this fine college at the University of Georgia!

I encourage you to get to know the Department of Dance Faculty and Staff, including, Jason Aryeh, Lisa Fusillo, Barbara Powers, Elizabeth Stich, Jennifer Weber, Natalie Cox, Mike Fulford, Lindsay Giedl, Nena Gilreath, Tina Martin, Melissa Roberts, Lisa Williamson, Carina McGeehin, Betty Prickett, and myself.

As we continue to move forward through the academic year, the faculty, staff and I are committed to providing you with an outstanding experience in a safe and well-guided environment, as you pursue the dance major. And we hope that you will take care to do your part in building and sustaining a positive, inclusive community of students at UGA Dance. And as I take the leadership position of Department Head, I want you to know that if you ever have questions, concerns, or need advice at any time, the faculty, staff, and myself are happy to assist you. Please feel free to call or email myself or another faculty member or stop by my office to make an appointment to discuss any needs or concerns you may have. Let's all work together to make 2025-2026 the best year ever!

We look forward to seeing you in class!

Sincerely,

Rebecca Gose

Rebecca Gose, Head
Department of Dance

Commit to Georgia | give.uga.edu

An Equal Opportunity, Affirmative Action, Veteran, Disability Institution

TABLE OF CONTENTS

| | |
|--|----|
| I. The Department of Dance | |
| Mission | 1 |
| Goals | 2 |
| II. Faculty and Staff Directory | 3 |
| III. Advising Information | |
| What You Need to Know: Dance Major Advising | 4 |
| Annual Review | 4 |
| Information for Transfer Students | 6 |
| Teacher Certification in Dance | 7 |
| IV. Dance Performance Opportunities | 9 |
| UGA Dance Company | 9 |
| Student Choreography Concert..... | 10 |
| Sankofa: A Dance Celebration..... | 11 |
| Dance Repertory Project | 11 |
| Performance Credit and Requirements | 12 |
| V. Advising Checklists and Sample Year-by-Year Plan of Study,..... | 13 |
| VI. Additional Programs | |
| Experiential Learning Internships in Dance | 18 |
| Double Dawg Degree in Dance | 19 |
| Study Away in Dance | 20 |
| Other Opportunities | 21 |
| Dance Scholarships | 22 |
| VII. Departmental Policies – Very Important to Know! | |
| Final Exam Policy | 23 |
| Dance Building Operation Policies | 24 |
| VIII. Resources for Dance Majors | 28 |
| IX. Health/Injury Information and Contacts | 29 |
| University Health Center Information | 30 |



Department of Dance

The UGA Department of Dance offers the Bachelor of Arts degree in dance through the Franklin College of Arts and Sciences. The program of study is a dance curriculum with training in contemporary modern dance, ballet, jazz, West African, and Hip-Hop. Aerial Dance, pointe, ballroom, tap, Pilates, and yoga classes are also offered. Coursework in dance explores the technical, stylistic, historical, analytical, cultural, and performative aspects of the art of dance, providing a strong foundation for students to explore, experiment, and develop personal creativity and artistry. Students also have the option to earn Teacher Certification in Georgia along with the degree in Dance. UGA is the only University System of Georgia school to offer P-12 Certification in Dance.

The University of Georgia is accredited by the National Association of Schools of Dance (NASD).

Mission

The mission of the Department of Dance is to promote a diverse, stimulating and inclusive community, fostering creativity, individuality, and respect for one another. The curriculum for the A.B. degree in dance challenges students to expand their knowledge and skills in technique and artistry, as well as the theoretical, critical, and creative perspectives necessary for a career in the performing arts and related fields. Our graduates are unique, versatile, and self-directed global citizens who are equipped to navigate the complexities of the 21st century and create meaningful lives as contributing members of society.

GOALS OF THE DEPARTMENT OF DANCE

The UGA Department of Dance prepares students for a career in dance. Upon completion of the degree in dance, students will be able to:

- synthesize and evaluate ideas, texts, the body in movement, and/or creative works informed by historical, social, cultural, educational and artistic contexts.
- compose dances that employ a variety of tools and aesthetic principles, informed by exploration and multiple viewpoints that convey an artistic intent.
- articulate and embody technical proficiency through anatomically sound alignment, efficiency in movement patterning, core engagement, spatial, rhythmic, and kinesthetic (body) awareness, and the distinct vocabulary and aesthetics of multiple dance genres.
- articulate and embody artistry through expressivity, presence, focus, projection, musicality, and risk-taking.

Through its curriculum and student-centered research activity the Department of Dance is an advocate for dance and the other arts at the University of Georgia – and for dancers and dance organizations in Athens, the State of Georgia, the United States, and the world.

FAQ - What is an A.B. degree?

The University of Georgia uses the abbreviation of A.B. for the Bachelor of Arts degree. It is the abbreviation of the Latin *artium baccalaureus*. Some other universities use the abbreviation B.A., which is the English translation from the Latin for Bachelor of Arts.

DEPARTMENT OF DANCE

FACULTY AND STAFF

2025-2026

| | | |
|-----------------|--|----------------------------|
| Faculty: | Rebecca Gose , Associate Professor Department Head renghaus@uga.edu | Office 262 706-542-4430 |
| | Lisa Fusillo , UGA Professor in the Arts lfusillo@uga.edu | Office 307 706-542-4415 |
| | Elizabeth Stich , Assistant Professor elizabeth.stich@uga.edu | Office 268 706-542-4415 |
| | Jennifer Weber , Assistant Professor jennifer.weber@uga.edu | Office 300 706-542-4415 |
| | Jason Aryeh , Lecturer jason.aryeh@uga.edu | Office 301 706-542-4415 |
| | Barbara Powers , Senior Lecturer barbara.powers@uga.edu | Office 302 706-542-4415 |
| | Natalie Cox , Part-time Instructor | natcox@uga.edu |
| | Michael Fulford , Part-time Instructor | mfulford@uga.edu |
| | Lindsay Giedl , Part-time Instructor | lindsay.giedl@uga.edu |
| | Nena Gilreath , Part-time Instructor | vena.gilreath@uga.edu |
| | Tina Martin , Part-Time Instructor | tpmartin@uga.edu |
| | Melissa Roberts , Part-time Instructor | roberts@uga.edu |
| | Lisa Williamson , Part-time Instructor | lisawilliamson@uga.edu |
| Staff: | Carina McGeehin , Technical Director carina17@uga.edu | Office 275 706-542-4435 |
| | Betty Prickett , Business Manager bjp@uga.edu | Office 263 706-542-4415 |

ADVISING INFORMATION

DANCE MAJORS – WHAT YOU NEED TO KNOW

Every dance major will be assigned a dance advisor, Dr. Lisa Fusillo and will also have a Franklin College advisor, Amber Fetner. Advising sessions will be scheduled with your advisor and done either in their office or via Zoom. First and second year students also need to meet with an advisor in the Franklin College of Arts and Sciences advisement office in 346 Brooks Hall (542-1412) AND have contact with their assigned dance advisor to enroll each semester and to discuss plans for summer study.

All students must complete a formal audition for the major in dance, including transfer students. Dance majors are responsible for understanding the program requirements. The advisors in the Franklin College and in the Department of Dance assist the student in enrolling, but the student must know the requirements in dance, as listed on the Dance Major Checklist found in this handbook.

When looking for courses on Athena, all courses in the Department of Dance have a prefix of DANC. Most all DANC (except DANC 2010 Dance Appreciation and Foundations level technique courses) are designated POD (Permission of Department). No student can enroll in a POD course without having been computer-cleared by a dance major advisor. Dance faculty will determine the level of placement in ballet, contemporary modern, and jazz dance technique classes. Dance majors with questions regarding registration of courses within the dance major program should first address the question to their advisor. According to the Franklin College policy, dance majors must earn a grade of “C” or better in all of the required courses for the dance major in order to graduate.

NEW starting Fall 2025 – PEDB Intro to Dance course offerings in Ballroom, Tap, Jazz, Ballet, Contemporary Modern, and Creative Movement. Students may earn PE credit in these courses, but no courses with a DANC prefix (including the prior DANC Foundation classes) can satisfy a student’s PEDB requirement currently, or retroactively. Only PEDB prefix courses can satisfy a student’s PEDB requirement for the purposes of graduation.

Dance majors can refer to the UGA bulletin online (www.bulletin.uga.edu) for listings of courses fulfilling the areas within the general core curriculum and for full descriptions of the Dance degrees, and can also refer to the Advisement Check Sheets (found elsewhere in the handbook) for listings of “Major Requirements” and “Major Electives.” DegreeWorks is used by both the student and advisor to review courses completed towards the major and what is still needed to complete the degree.

| |
|---|
| All first-year students accepted as dance majors should enroll in Ballet II, Contemporary Modern II, and Jazz II. Please check with a dance advisor to make sure you are enrolled in the right level. |
|---|

As indicated on the DANC Theory Courses Rotation page found in this handbook, the dance theory (non-technique, non-performance) courses are offered every other year, and some courses are designed for freshman-sophomore students and others (upper level courses) are designed primarily for third-fourth year students.

Students interested in becoming certified to teach dance in P-12 schools in the state of Georgia can find information on certification elsewhere in the handbook. Interested students should apply by November 1st of their second year. A pre-service certificate through the Mary Frances Early College of Education is required at application. For more information on this see:

https://drive.google.com/uc?id=1JZV1Walb9_MGezyASGzPsirtjGxJLKo. Teacher certification requires **33** hours, **9** of which may also serve toward the major. A 2.8 GPA is required to enter the program and prior to student teaching. Students usually complete their student teaching (12 credits) in their 9th semester, but often students may be able to complete it in their 8th semester, depending on whether they have completed all their degree and prior certification requirements by that time.

MORE THINGS FOR DANCE MAJORS TO KNOW ABOUT ADVISING

The AB in dance offers dance majors a wide variety of choices and opportunities. Some of these options include: 1) double major a four-year program of study; 2) participate in a semester study abroad without losing credits towards the degree in dance; 3) complete the semester of student teaching for teacher certification within the four-year program; and 4) participate in a "Double Dawg" program to begin a master's degree in the senior year.

1. DANC 2000/3000 Dance Production Assignments

Among "Major Requirements" are DANC 2000 Production Assignment I and DANC 3000 Production Assignment II. Both courses are graded "Satisfactory/Unsatisfactory". Dance majors gain invaluable experience in dance production, and they serve their fellow dance majors who are performing in and/or choreographing for a given production. For each of the two courses the dance major student must fulfill:

1. A production crew assignment
2. A set-up and strike assignment
3. Participation in production meetings convened each semester by the Technical Director

All students who have not earned credit in DANC 2000 Production Assignment should sign up for a crew assignment for a production they are not performing in. After completing assignments for DANC 2000, students should enroll in DANC 3000 and fulfill crew assignments. Students will normally enroll in DANC 2000 or 3000 in the semester in which they are completing the assignment, however, in some rare cases students might fulfill the assignment and enroll in the following semester.

If a student is not able to complete the requirements in the semester in which they ARE enrolled, they will receive a grade of Incomplete in the course. Once the assignment has been completed, the course advisor submits an official change of grade from Incomplete to Satisfactory. The Technical Director keeps a record of all production assignments completed in current and previous semesters and sends a report to the course advisor, indicating when a student has completed the course requirements.

2. DANC 4000 Independent Study

DANC 4000 Independent Study in Dance can be used toward the Core requirements in "Major Electives" category. Independent study in an area agreed upon by the supervising instructor and student. The student must find a faculty member willing to work with him/her on the project. Project can be 1-3 hours credit – as approved by the professor/instructor. Students will submit a proposed project and possibly an outline of independent course of study and must obtain the instructor's approval and department head's signature prior to registering for DANC 4000 credit.

Students with a particular interest in a particular subject should meet with a faculty member to determine the feasibility of the project prior to the semester in which the work would be done.

∞ Guidelines for DANC 4000

| | |
|--|------------------|
| Number of hours completed in coursework/research/experience: | |
| 1 Credit | 30-59 hrs. sem. |
| 2 Credits | 60-89 hrs. sem. |
| 3 Credits | 90-120 hrs. sem. |

3. Technique Requirements

Dance majors are required to spend 5 semesters in Ballet, 5 semesters in Contemporary Modern Dance, 2 semesters in Jazz, 1 semester in West African Dance, and 1 additional semester in either West African or Hip-Hop. In addition, 4 credit hours of electives in technique and/or performance are required, and 1 additional elective in technique courses of their choice (for Area VI).

Please see the UGA Bulletin for a complete list of DANC undergraduate course descriptions.
<https://bulletin.uga.edu/Course/Index>

Information for Transfer Students – Dance Major

Transfer of dance technique hours

Technique courses from other institutions do not automatically transfer or necessarily fulfill degree requirements at UGA. Based on the successful completion of the audition and placement in UGA technique classes, consideration of all transfer courses in dance can begin. Courses will then be assessed and evaluated in fulfillment of dance technique requirements for the dance major. (ABDF 5/7/10)

Matriculated UGA students requesting transfer of technique credit hours from summer dance programs must: 1) select a summer program that allows participants to enroll for college level technique credit; 2) prior to the end of the spring semester, students should submit a request in writing to the UGA dance faculty for approval, specifying the details of the summer program and identifying the college/university providing the credit hours; and 3) upon approval, students must be certain to enroll for college credit in the summer dance program.

Things to Know

1. All students must audition for the major in dance, including transfer students.
2. Dance majors must meet all the requirements in the dance major curriculum for the degrees in dance. For transfer students, this may mean additional semesters to complete all of the required courses.
3. In order to receive credit for transfer of dance courses, students must provide the following to the transfer dance major advisor*:
 - a. a transcript with the dance course titles and credit hours
 - b. the course description for each course from the bulletin of the university catalog where the courses were taken - to determine content and equivalency to similar UGA courses
 - c. a course syllabus for each course completed - to determine contact hours per week meeting time in order to assess equivalency to similar UGA courses
4. Transfer of dance courses is not automatic. Courses must be evaluated and deemed equivalent to the UGA curriculum.
5. Transfer credits cannot be increased from the credit hours listed on the transcript; such as, if a ballet course for 1 credit is transferred, it cannot be the equivalent of a 2 credit UGA ballet course.
6. In general, transfer students should expect to be in school the additional amount of time needed to complete all of the requirements for the major. Summer school courses may be taken to assist the time needed, but all summer courses must offer university credit and must be approved PRIOR to enrollment.

* In June 2018, the Franklin College began a [new online system for the transfer course evaluation process](#). During transfer orientation, with the advisor's guidance, students are provided with a link to complete an online form for each identified course which is routed to the department transfer advisor for evaluation.

TEACHER CERTIFICATION IN DANCE

Professor Gose, Coordinator

IMPORTANT DEADLINE:

Fall 2026 entry to teacher certification in dance application deadline is NOVEMBER 1, 2025
(Applications available on the dance department website)

Students who wish to teach dance in accredited public or private schools in the state of Georgia need to be certified by the State of Georgia (through the GA Professional Standards Commission). Such individuals are required to possess knowledge and skills in both the content areas of dance (technique, composition, history, etc.) but also in dance pedagogy, which includes understanding the learning environment, the diversity of learners, instructional theory and applied practices. The **Teacher Certification Track** prepares future dancers/artists/educators for working in P12 schools; however, the track can also provide a solid foundation for working in community contexts and other arts education careers. Students are required to complete an application process* to be eligible for the certification program. Certification candidates will complete the majority of the course work during their third and fourth years, and will student teach in an accredited school (12 semester hours) in the semester following completion of the degree (primarily their 9th semester, but sometimes this could be managed by their 8th semester). Note that a portion of the requirements for teacher certification in dance are also included in the course requirements or electives fulfilled by each dance major. The course requirement list (including those that also meet one's dance degree requirements) are noted at the bottom of **page 3** of the **Dance Major Advisement Checklist**, found in this handbook.

∞ Application Process

Deadline: November 1, 2025. Recommended: second year students (first year or transfer students may apply earlier if desired).

Prerequisites for application to the teacher certification program include successfully completing the GACE exam or demonstrated equivalency via ACT or SAT scores. Immediately upon acceptance, candidates must complete a preservice certificate (mostly online) through the College of Education, Office of Academic Programs (see link below). Failure to obtain a preservice certificate will keep students from progressing into required course work with field placements. Applications are available on the dance department website. See Professor Gose for assistance. <https://resources.coe.uga.edu/students/ed-prep/#gace-program-admission-assessment>

TEACHER CERTIFICATION REQUIREMENTS CHECKLIST - 33 HOURS (9 may be used w/the major)

| | | |
|--|----------|---|
| __DANC 3010* | 2 hours | Laban/Bartenieff Movement Studies (can be used as DANC Req. OR Elec.above) |
| __DANC 3200* | 1 hour | Teaching Practicum in Dance I (can be used as DANC Elective above) |
| __DANC 3210* | 1 hour | Teaching Practicum in Dance II (can be used as DANC Elective above) |
| __DANC 3700* | 2 hours | Teaching Dance for Children (can be used as DANC Requirement OR Elective above) |
| __DANC 4700/6700** | 3 hours | Issues in Dance Education and Pedagogy (used as DANC Requirement above) |
| __EDUC 2110 | 3 hours | Investigating Critical and Contemporary Issues in Education |
| __EDUC(EPsy) 2130 | 3 hours | Exploring Teaching and Learning |
| __EDUC 2140 | 3 hours | Foundations of Reading |
| __KINS 5620 | 3 hours | Adapted Physical Education |
| OR EDSE 2000, EDSE 4020, EDSE 4030 (Permission of Certification Coordinator required, must receive a B+ or higher.) | | |
| __DANC 5460/7460 | 12 hours | Student Teaching (Requires an additional semester. A minimum GPA of 2.8 is required prior to student teaching.) |

* May serve towards the major ** Required for the major

∞ Guidelines for Teacher Certification Track:

- ❖ Deciding to pursue teaching certification should be a decision that you make early on in your academic career, and one that you plan for carefully throughout your 4 years.

Students must submit an application for teacher certification with the certification coordinator, Rebecca Gose (renghaus@uga.edu, or Room 262, Dance Building). Applications will be available online from the dance department website.

- ❖ Pre-Service Certification: The Georgia Professional Standards Commission (GaPSC) requires all candidates in initial educator preparation programs to obtain a Pre-Service Certificate. A Pre-Service certificate assists the state and its teacher education programs to (1) assure the safety of school children; (2) provide opportunities for Pre-Service candidates to practice/demonstrate knowledge and skills; (3) standardize the criminal history background check process across Georgia; and (4) assist Pre-Service candidates in understanding the Georgia Code of Ethics for Educators and provide them with the information to hold them accountable under the Code. Begin this process through making an appointment through the Office of Academic Programs in the College of Education by e-mail at edprep@uga.edu or phone, 542-4051.
- ❖ To begin the process, students are responsible for meeting the preservice certificate deadline that is a prerequisite for beginning the Certification Track as well as for enrolling in any of the course-embedded field experiences (DANC 3700, 4700, DANC 3200, 3210 and DANC 5460). For completing Pre-Service Certificate see the checklist at: https://drive.google.com/uc?id=1JZV1Walb9_MGezyASGzPsirtjGxJLKo. Newly admitted students will be e-mailed the deadline to complete the one-time Professional Field and Clinical Application and must take a pre-program Ethics Assessment.
- ❖ Include the Teaching Certification Requirements throughout your program of study. Meet regularly with the Certification Coordinator. Keep track of the deadlines, your progress, and your grades.

∞ Requirements for Student Teaching

Students must maintain a G.P.A. of 2.8 and at least a “C” average in all professional education and methods courses, except any of the required EDSE courses, which [as of July 2019] students are required to receive a “B+” or higher to be admitted to and to remain in the Teacher Certification Program, including student teaching.

Procedures and Expectations

Students are required to spend at least 13 weeks in the school where they are student teaching. Thirty hours is considered an average week. If the average day in a given school setting is not viewed as being long enough, the student teacher can spend as many as 15 weeks in the school to make the experience be what it should be.

Students are expected to observe classes, and then will slowly be moved into the various teaching responsibilities. Little by little the assignment increases until for two weeks the student teacher teaches a full load. There are very few dance placements in the Clarke/Oconee county area; therefore, students who wish to get an ideal student teaching experience that fits their needs should be amenable to commuting, or even residing in the Atlanta (or Augusta, Macon, or even Savannah) area for that semester (which will take some planning), as these communities hold many more placements in a variety of dance education settings.

NOTE: Students may wish to defer their graduation date until the end of the semester in which they do their student teaching to avoid complications. When a student graduates, they will no longer have three more terms to register as they have had in the past. If they decide that they want/need to take more classes after graduation they will have to reapply as a former (post-baccalaureate) student on the Registrar's webpage. If a student knows (in their last term) that they want to take more classes after graduation, they can change their major in Athena to non-degree seeking and indicate this to take effect the next term (after graduation). This will keep their registration eligibility in place for the next semester without having to reapply. Please discuss this with Professor Gose prior to your graduation check.

DANCE PERFORMANCE OPPORTUNITIES

The Department of Dance provides a variety of performance options including faculty and guest artist works in the annual dance department spring production and, student choreography and student performance, which provides performances to local, community, state, national and sometimes international audiences.

Dancers will audition in the fall semester each year to participate in these performances and are required to attend rehearsals throughout the year in preparation for the fall and spring productions and any touring schedule. Dance Majors and Minors and other students who are actively enrolled in UGA dance technique classes (that meet a minimum of twice per week) are eligible to audition for the department's various performance opportunities each year.

UGA Dance Company and Performances Faculty and Guest Choreography

Barbara Powers, Director

This year the annual **UGA Dance Company (UGADC)** concert will take place **April 9-11, 2026**. There will be two auditions – one at the beginning of fall semester and another at the end of fall semester. The first audition will be for full-time faculty projects, some of which will be performed in concerts in addition to UGADC. These cast members will begin rehearsals in the fall and continue through the spring. The second audition will be for additional choreographers (guest artists, part-time faculty, etc.) that will begin rehearsing at the beginning of spring semester. **UGADC** offers students a variety of styles to perform, including contemporary modern dance, classical and contemporary ballet, aerial dance, African-fusion and sometimes jazz and tap works. Students may earn performance credits when participating in **UGADC**. Further details about this year's concert will be discussed during the Dance Major's Meeting and at the **UGA Dance Company** auditions.

Other smaller performances will occur throughout the year in departmental showcases such as the Department Sampler in October and January and also at regional conferences, such as the Southeast American College Dance Association Conference.

Recent guest choreographers for UGADC have included Jillian Mitchell, founder/artistic director of Kit Modus Dance Company in Atlanta; Amelia Reiser, UGA Dance Alum, professional dancer with Staibdance and choreographer in Atlanta; Elizabeth Auclair, former principal dancer with Martha Graham Dance Company & restaging artist; Seyong Kim, international ballet dancer and choreographer; Ellen Cornfield, founder/artistic director Cornfield Dance in New York.

The UGA Department of Dance continues to host many guest artists for master classes, workshops and choreographic works. Most recently, students have had master classes with dance artists from American Ballet Theatre, Circa Humans 2.0, Ballet Hispánico, Dance Theatre of Harlem, Complexions Contemporary Ballet, Martha Graham Dance Company, and AILEY II. Others have included Mario Vircha from the National Dance Company of Costa Rica, and Sean McLeod founder/director, New York Institute of Dance and Education, New York City and workshops with Alonzo King. On some occasions, students have also had the opportunity to perform with professional dance companies which are presented by the UGA Performing Arts Center, such as in 2023 with the Martha Graham Dance Company.

Student Choreography Concert Student Choreography

The Student Choreography Concert provides an opportunity for student choreographers and performers to develop and present original work. Designed to support the continued growth of creative voices within the AB in Dance, this concert allows students to deepen their choreographic craft, expand performance skills, and apply concepts related to production, design, and collaboration.

Concert dates are November 12-14, 2025 at 7:30 pm

Choreographer Information:

Choreographers must be **dance majors** in at least their second year in the department. Choreographers enroll in **DANC 3800: Choreographic Lab** (Instructor, Jennifer Weber) or **DANC 4800: Senior Choreographic Project** (Instructor, Elizabeth Stich).

Both DANC 3800 and DANC 4800 engage in coursework that supports the creative process and provides structure for idea development, rehearsal strategies, and artistic collaboration. In addition, all students involved will undertake leadership and production responsibilities under the guidance of faculty direction.

****Please refer to the course syllabi for **DANC 3800** and **DANC 4800** for detailed expectations and key Fall 2025 deadlines.****

Performer Information:

Performers must be enrolled in **DANC 2900: Student Performance I** or **DANC 3900: Student Performance II** and concurrently registered in a dance technique class (either DANC or PEDB 1600 series) that meets at least twice per week.

Dance minors are encouraged to audition and perform in student works. All students should consider their schedules and time commitments wisely, including academic courses and outside rehearsals. For health and safety, student performers are limited to 10 hours of departmental rehearsals per week.

****Please refer to the course syllabi for **DANC 2900/3900** for detailed expectations and key Fall 2025 deadlines.****

Sankofa: A Dance Celebration

Jason Aryeh, Director

In each academic year, the Department of Dance celebrates Dance through History and Culture open to the public. The Sankofa Dance Concert is a performance opportunity that is dedicated to educating and connecting audiences to the rich history, traditions, and complex stories of Africans, African Americans and the African Diaspora. The performance also seeks to promote understanding of the unique view of human struggles, tragedies, and triumphs through the many dance forms, and to provide sensory connections to history and tradition through music, movement and spoken word. In some years the celebration may also include discussions and "talk back" sessions with the audience participants. The goal of the Sankofa Dance celebration is to transcend beliefs, achieve liberation and use movement as a way to reinforce the importance of community in an institutional culture and to acquaint audiences with the beauty of dance forms and rhythms. The capacity for the self-transformation of the individual through dance is very powerful. The Sankofa dance concert embraces the balance between conversation of the tradition, history and breaking new ground, enabling us to continue to learn, grow and expand, in order to become what we want to be. Traditional dance movement is an ongoing history, it's organic and it's ever evolving.

Dance Repertory Project Guest Artist Series

Dr. Lisa Fusillo, Founder & Director

Dance Repertory Project (DRP) is committed to providing exceptional experiences for UGA dance students through the Guest Artist Series that enables student interactions with professional dance artists, and Special Performance Projects. DRP has regularly sponsored national and international professional guest artists to work with UGA dance majors, providing master classes, workshops, guest artist works and, on special occasions, performing with professional dance companies, as well as other special performance projects. Most recently, DRP sponsored students to participate in the 2025 collaboration "Music and Dance" at the UGA Performing Arts Center with the ARCO Orchestra Ensemble and in the 2024 Prague International Dance Festival Competition in Prague, Czechia. In 2023, DRP sponsored Elizabeth Auclair to stage Martha Graham's dance **Steps in the Street** for UGA dancers. The Students performed as the opening piece for the world-famous Martha Graham Dance Company's performance at UGA.

Established in 2007, DRP has offered professional dance experiences in a diverse and eclectic repertoire of dance styles and forms and has co-sponsored many residencies of professional artists and companies in jazz, ballet, modern, break dance/hip-hop, and contemporary dance. DRP has been distinguished by receiving two National Endowment for the Arts American Masterpieces grants for the re-staging of Jacques Heim's **A.W.O.L.** (*Diavolo Dance Theatre*) and Lou Conte's **The 40s** (*Hubbard Street Dance Chicago*). DRP students performed **A.W.O.L.** in concert with *Diavolo Dance Theatre* in the UGA Fine Arts Theatre. Jacques Heim also created **Pandora** for DRP students, which was performed on the annual Spring Dance Concert. UGA dancers also performed in **The Rambler** with the *Joe Goode Performance Company* at the Ferst Center for the Arts in Atlanta and at the Fine Arts Theatre at UGA. Recent highlights include:

- Yuan Chen, American Ballet Theatre Company rehearsal director, master class
- Elizabeth Auclair, dancer & restager, **Martha Graham Dance Company**, *Steps in the Street*; 2023
- Meg Paul, artistic associate director, **Complexions Contemporary Ballet**, master classes, 2022
- Seyong Kim, international dancer & choreographer, *Bach's Pas de Cinq*; 2022

PERFORMANCE CREDIT AND REQUIREMENTS

Credit for Performance Experience

1. Students who are members of UGA Dance Company may earn credit in DANC 2250, 3250 and/or 4250 for 1 credit hour. Students who perform in 3 or more pieces in the spring semester have the option to enroll for 2 credit hours.
2. Students cast in faculty or guest choreography in a role that demands no prior technical training may earn credit in DANC 1250. DANC 1250 Performance Company credit hours cannot be applied toward the “Major Electives” in the dance major program.
3. Dance major requirements include an option of 4 performance credits (or technique). Any additional performance credits will be counted as Dance “Major Electives” in the degree requirements.
4. Students performing in the Student Choreography Concert must enroll in DANC 2900 or DANC 3900. These courses are not included in the above performance credit option.

Requirements for Performance Participation

- ❖ Enrollment in a DANC technique class OR PEDB dance class that meets a minimum of twice per week. Incomplete status in any technique class must be completed prior to a Department production in order to attain eligibility to perform.
- ❖ Students rehearsing or performing work(s) in aerial must be currently enrolled in the aerial course and those rehearsing and performing work(s) *en pointe* must be currently enrolled in Pointe I or Pointe II courses so that training is consistent throughout the same semester of rehearsal and performance.

**UGA DEPARTMENT OF DANCE – ADVISING CHECKLIST
A.B. IN DANCE**

5/25

| | | | |
|-----------------------|---------------------|-----------------|--|
| Name: _____ | | UGA ID #: _____ | |
| Home Address: _____ | | | |
| Street | City/State | Zip | |
| Athens Address: _____ | | | |
| Street | City/State | Zip | |
| Home Phone: _____ | Athens Phone: _____ | E-mail: _____ | |

UGA GENERAL EDUCATION CORE REQUIREMENTS (60 total hours)

I. FOUNDATION COURSES - 9 hours required

NOTE: It is possible to exempt out of English and exempt out with credit. Check with Franklin advisor.

_____ ENGL 1101 (3 hrs)

_____ ENGL 1102 (3 hrs)

_____ MATH 1101 (Math Modeling) or higher (3 hrs) NOTE: When testing out of Math, credit will not be earned; so 3 hours is required, which can be any course, it does not have to be a math course.

II. SCIENCES - 7-8 hours required

_____ Physical Science (3-4 hrs)

_____ Life Science (3-4 hrs)

III. QUANTITATIVE REASONING - 3-4 hours required

Check with Franklin Advisor for suggested courses in this area.
(3-4 hrs.)

IV. WORLD LANGUAGES AND CULTURE, HUMANITIES AND THE ARTS - 12 hours required

World Languages and Cultures – Select 3 courses at 3 credit hours – Foreign Language Required

_____ (3 hrs.)

_____ (3 hrs.)

_____ (3 hrs.)

Humanities and Arts – Select 1 course at 3 credit hours.

_____ (3 hrs)

V. SOCIAL SCIENCES - 9 hours required

Select 3 courses at 3 credit hours each

_____ (3 hrs.)

_____ (3 hrs.)

_____ (3 hrs.)

VI: COURSES RELATED TO THE MAJOR - 18 hours required

Complete the following ten (12) hours: (usually in first year)

_____ DANC 2642* 2 hours Jazz Dance II

_____ DANC 2642* 2 hours Jazz Dance II

_____ DANC 2652* or 3653* 2 hours Contemporary Modern Dance II or III

_____ DANC 2652* or 3653* 2 hours Contemporary Modern Dance II or III

_____ DANC 2662* or 3663* 2 hours Ballet II or III

_____ DANC 2662* or 3663* 2 hours Ballet II or III

Complete the following eight (6) hours:

_____ DANC 2000 1 hour Production Assignment I (strongly encouraged in first year)

_____ DANC 2300 2 hours Dance Improvisation I

_____ DANC 2600 2 hours Music for Dance

_____ Dance Electives 1 hour (select 1 hour from Major Technique Electives)

The 18 hours above should be completed prior to 3rd year.

*Repeatable

DANCE MAJOR REQUIREMENTS - 42 HOURS**Dance Technique & Performance (20 hours)**

| | | | |
|-------|--|---------|---|
| _____ | DANC 2620* | 2 hours | West African Dance Forms |
| _____ | DANC 2620* or 2640* | 2 hours | West African Dance Forms or Hip-Hop |
| _____ | DANC 3653* or 4654* | 6 hours | Contemporary Modern Dance III or IV |
| _____ | DANC 3663* or 4664* | 6 hours | Ballet III or IV |
| _____ | DANC 2250* or 3250* or Technique Electives | 4 hours | Performance Company I or II or Technique Electives listed below |

Students are required to achieve the highest level technique in either Ballet or Contemporary for 2 semesters.

Dance Theory (12 hours)

| | | | |
|-------|----------------|---------|--|
| _____ | DANC 3020 | 3 hours | Principles of Science & Somatics in Dance Training |
| _____ | DANC 3400 | 3 hours | Dance Composition |
| _____ | DANC 4500 | 3 hours | Studies in Dance History |
| _____ | DANC 4700/6700 | 3 hours | Issues in Dance Education and Pedagogy |

Additional Requirements (10 hours)

| | | | |
|-------|-------------------|--------|---|
| _____ | DANC 2900 or 3800 | 1 hour | Student Performance I or Choreographic Lab |
| _____ | DANC 3000 | 1 hour | Production Assignment II |
| _____ | DANC 3420 | 1 hour | Digital Media for Dance |
| _____ | DANC 3810E | 1 hour | Writing in Dance |
| _____ | DANC 4800 or 4810 | 1 hour | Choreographic Project or Applied Research (taken in final year) |
| _____ | DANC 4910 | 1 hour | Senior Seminar in Dance |

Choose 2 of the following:

| | | | |
|-------|----------------|---------|--|
| _____ | DANC 3010 | 2 hours | Laban/Bartenieff Movement Studies |
| _____ | DANC 3700 | 2 hours | Teaching Dance for Children |
| _____ | DANC 4030/6030 | 2 hours | Contemporizing Ballet: Histories, Choreographies, & Pedagogies |

Course choices above cannot be used to satisfy both Additional Requirements and Major Electives.

DANCE MAJOR ELECTIVE REQUIREMENTS - 4 HOURS Choose from the following:

| | | | | | |
|-------|---------------------------|-----------|--|-------------|-------------|
| _____ | DANC 1617/1618^ | 1 hour | Ballroom Dance Foundations II | *Repeatable | ^ Technique |
| _____ | DANC 2610/3610*^ | 1 hour | Tap Dance II/III | | |
| _____ | DANC 1671*^ | 1 hour | Pointe I | | |
| _____ | DANC 2672/3672/4672*^1 | 1 hour | Pointe II / Pointe III/IV & Variations | | |
| _____ | DANC 1680/2680/3680/4680^ | 1 hour | Pas de Deux | | |
| _____ | DANC 2020* | 1 hour | Practicing Wellness | | |
| _____ | DANC 2030/3030* ^ | 1 hour | The Pilates Method I/II | | |
| _____ | DANC 2040/3040* ^ | 1 hour | Yoga: Asana Practice I/II | | |
| _____ | DANC 2050/3050* ^ | 1 hour | Training in Alternate Dance Forms I/II | | |
| _____ | DANC 2060/3060*^ | 1 hour | Aerial Yoga Trapeze I/II | | |
| _____ | DANC 2080/3080/4080*^2 | 2 hours | Aerial Dance I/II/II | | |
| _____ | DANC 2620*^ | 2 hours | West African Dance Forms & Styles | | |
| _____ | DANC 3620*^ | 2 hours | Intermediate/Advanced West African Dance Forms & Styles | | |
| _____ | DANC 2640*^ | 2 hours | Hip-Hop Dance & Culture | | |
| _____ | DANC 3640*^ | 2 hours | Intermediate/Advanced Hip-Hop Dance & Culture | | |
| _____ | DANC 3643/4643*^ | 2 hours | Jazz Dance III | | |
| _____ | DANC 3653*^ | 2 hours | Contemporary Modern Dance III | | |
| _____ | DANC 3663*^ | 2 hours | Ballet III | | |
| _____ | DANC 4654/4754*^ | 2 hours | Contemporary Modern Dance IV (4754 after completing 8 hours of DANC 4654) | | |
| _____ | DANC 4664/4764*^ | 2 hours | Ballet IV (4764 after completing 8 hours of DANC 4664) | | |
| _____ | DANC 2662L/3663L/4664L*^ | 1 hour | Ballet Lab II/III/IV | | |
| _____ | DANC 3010 | 2 hours | Laban/Bartenieff Movement Studies | | |
| _____ | DANC 3500* | 1-2 hours | Seminar in Dance | | |
| _____ | DANC 3510* | 3 hours | Dance in New York Field Study | | |
| _____ | DANC 3520* | 3 hours | Movement and Community in Ghana | | |
| _____ | DANC 3700 | 2 hours | Teaching Dance for Children | | |
| _____ | DANC 4000/6000* | 1-6 hours | Independent Study in Dance | | |
| _____ | DANC 4010/6010 | 2 hours | Special Topics | | |
| _____ | DANC 4020 | 1-3 hours | Dance and Community | | |
| _____ | DANC 4030/6030 | 2 hours | Contemporizing Ballet: Histories, Choreographies, & Pedagogies | | |
| _____ | DANC 3200 | 1 hour | Teaching Practicum in Dance I | | |
| _____ | DANC 3210 | 1 hour | Teaching Practicum in Dance II (Practicum in k-12 required for teaching cert.) | | |
| _____ | DANC 3220 | 1 hour | Teaching Practicum in Dance III | | |
| _____ | DANC 2250/3250/4250 | 1-2 hours | Performance Company II/III/IV | | |
| _____ | DANC 2550/3550/4550* | 1 hour | Dance Repertory Lab II/III/IV | | |
| _____ | DANC 2900/3900* | 1 hour | Student Performance I/II | | |
| _____ | DANC 3800* | 1 hour | Choreographic Lab | | |

GENERAL ELECTIVE REQUIREMENTS - 14 HOURS → Any level

OPTIONAL - TEACHER CERTIFICATION REQUIREMENTS WITH A.B. DEGREE - 33 hours (9 may be used with major)

| | | | |
|-------|--|----------|---|
| _____ | DANC 3010* | 2 hours | Laban Movement Analysis & Bartenieff Fundamentals (can be used as DANC Req. OR Elec.above) |
| _____ | DANC 3200* | 1 hour | Teaching Practicum in Dance I (can be used as DANC Elective above) |
| _____ | DANC 3210* | 1 hour | Teaching Practicum in Dance II (can be used as DANC Elective above) |
| _____ | DANC 3700* | 2 hours | Teaching Dance for Children (can be used as DANC Requirement OR Elective above) |
| _____ | DANC 4700/6700** | 3 hours | Issues in Dance Education and Pedagogy (used as DANC Requirement above) |
| _____ | EDUC 2110 | 3 hours | Investigating Critical and Contemporary Issues in Education |
| _____ | EDUC(EPY) 2130 | 3 hours | Exploring Teaching and Learning |
| _____ | EDUC 2140 | 3 hours | Foundations of Reading |
| _____ | KINS 5620 | 3 hours | Adapted Physical Education |
| _____ | OR EDSE 2000, EDSE 4020, EDSE 4030 (Permission of Certification Coordinator required, must receive a B+ or higher.) | | |
| _____ | DANC 5460/7460 | 12 hours | Student Teaching (Requires an additional semester. A minimum GPA of 2.8 is required prior to student teaching.) |

* May serve towards the major, ** Required for the major

Overview of Dance Requirements for the A.B.

Students are required to take ballet and contemporary modern dance consecutively every semester for the first FOUR SEMESTERS and jazz dance consecutively for the first TWO SEMESTERS.

- > Dance Technique** 28 credit hours
(offered every semester)
DANC 2642/3643 Jazz Dance II/III (2 cr.; 4 cr. required)
DANC 2652/3653/4654 Contemporary Modern Dance II/III/IV (2 cr. each; 10 cr. required)
DANC 2662/3663/4664 Ballet II/III/IV (2 cr. each; 10 cr. required)
(offered every other semester)
DANC 2620/3620 West African Dance Forms and Styles / Interm./Adv. WADF (2 cr., 2 cr. required)*
DANC 2640/3640 Hip-Hop Dance and Culture / Interm./Adv. Hip-Hop (2 cr.; 0-2 cr. required)*
* 2 cr. in West African required plus 2 additional cr. of either West African or Hip Hop
- > Dance Theory** (offered on a rotation schedule) **& Additional Requirements** 23 credit hours
DANC 2300 Dance Improvisation (2 cr.)
DANC 2600 Music for Dance (2 cr.)
DANC 2900 or 3800 Student Performance I or Choreographic Lab (1 cr.)
DANC 3020 Principles of Science and Somatics (3 cr.)
DANC 3400 Dance Composition (3 cr.)
DANC 3420 Digital Media for Dance (1 cr.)
DANC 3810E Writing in Dance (online) (1 cr.)
DANC 4500 Studies in Dance History (3 cr.)
DANC 4700/6700 Issues in Dance Education and Pedagogy (3 cr.)
DANC 4800 or 4810 Choreographic Project or Applied Research (1 cr.)
DANC 4910 Senior Seminar (1 cr.)
DANC 2000, 3000 Dance Production I, II (1 cr.)
Select TWO: 4 credit hours
DANC 3010 Laban Movement Analysis/Bartenieff Fundamentals (2 cr.)
DANC 3700 Teaching Dance for Children (2 cr.)
DANC 4030/6030 Contemporizing Ballet: Histories, Choreographies, & Pedagogies (2 cr.)
- > Dance Technique/Performance Electives** 5 credit hours
(1 credit in dance technique and an additional 4 credits in dance performance and/or technique required.)
DANC 1617/1618 Ballroom Dance Foundations II (1 cr.)
DANC 1671, 2672/3672/4672 Pointe I, Pointe II / Pointe III/IV Variations, (1 cr.)
DANC 1680/2680/3680/4680 Pas de Deux (1 cr.)
DANC 2030/3030 The Pilates Method I/II (1 cr.)
DANC 2040/3040 Yoga: Asana Practice I/II (1 cr.)
DANC 2050/3050 Training in Alternate Dance Forms I/II (1 cr.)
DANC 2060/3060 Aerial Yoga Trapeze I/II (1 cr.)
DANC 2080/3080/4080 Aerial Dance I/II/III (2 cr.)
DANC 2610/3610 Tap Dance II/III (1 cr.)
DANC 2620/3620 West African Dance Forms and Styles / Interm./Adv. WADF (2 cr.)
DANC 2640/3640 Hip-Hop Dance and Culture / Interm./Adv. Hip-Hop (2 cr.)
DANC 3643/4643 Jazz Dance III (2 cr.)
DANC 3653/4654/4754 Contemporary Modern Dance III/IV (2 cr.)
DANC 3663/4664/4764 Ballet III/IV (2 cr.)
DANC 2662L/3663L/4664L Ballet Lab II/III/IV (1 cr.)
DANC 2250/3250/4250 Performance Company II/III/IV (1-2 cr.)
DANC 2550/3550/4550 Dance Repertory Lab II/III/IV (1 cr.)
- > Dance Electives** - 4 hours from list on previous page
- > General Electives** - 14 hours (any level)

BACHELOR OF ARTS DEGREE IN DANCE

*SAMPLE 4-YEAR PLAN, ODD YEAR ENTRY

Dance A.B.

YEAR ONE — (odd yr fall)

| Fall Courses | | Hours | Spring Courses | | Hours |
|--|--|-----------|-----------------------------------|--|--------------|
| ENGL 1101 (Area I) | | 3 | ENGL 1102 (Area I) | | 3 |
| CORE Curriculum (Math/STAT Area I) | | 3 | CORE Curriculum (Area II) | | 3-4 |
| CORE Curriculum (Area IV) | | 2 | DANC 2300 Improvisation (Area VI) | | 2 |
| DANC 2642 Jazz III (Area VI) | | 2 | DANC 2642 Jazz II (Area VI) | | 2 |
| DANC 2652 Cont. Mod. II (Area VI) | | 2 | DANC 2652 Cont. Mod. II (Area VI) | | 2 |
| DANC 2662 Ballet II (Area VI) | | 2 | DANC 2662 Ballet II (Area VI) | | 2 |
| FYOS 1001 | | 1 | | | |
| DANC 2000 Production Assgmt. I (Area VI) | | 1 | | | |
| Total | | 16 | Total | | 14-15 |

YEAR TWO — (even yr fall)

| Fall Courses | | Hours | Spring Courses | | Hours |
|--|--|--------------|------------------------------------|--|--------------|
| CORE Curriculum (Area II) | | 3-4 | CORE Curriculum (Area III) | | 3-4 |
| General Electives | | 2 | General Electives | | 2 |
| General Electives | | 3 | DANC 2600 Music for Dance | | 2 |
| DANC 3653 Cont. Mod III | | 2 | DANC 3020 Dance Science & Somatics | | 3 |
| DANC 3663 Ballet III | | 2 | DANC 3653 Cont. Mod III | | 2 |
| DANC 3810e Writing for Dance | | 1 | DANC 3663 Ballet III | | 2 |
| DANC 3400 Dance Composition | | 3 | DANC 3420 Digital Media | | 1 |
| DANC major technique elective ¹ (Area VI) | | 1 | | | |
| Total | | 17-18 | Total | | 15-16 |

YEAR THREE — (odd yr fall)

| Fall Courses | | Hours | Spring Courses | | Hours |
|---|--|--------------|---|--|--------------|
| CORE Curriculum (Area IV) | | 3 | CORE Curriculum (Area V) | | 3 |
| CORE Curriculum (Area V) | | 3 | General Electives | | 2 |
| DANC 2900 Student Perf or DANC 3800 Choreog Lab | | 1 | CORE Curriculum (Area IV) | | 3 |
| DANC 3000 Dance Prod. Assgmt. II | | 1 | DANC 3700 Tchg Dnc Chld (Choose 2 from 3) | | (2) |
| DANC 3010 Laban (choose 2 from 3) | | (2) | DANC 4500 Studies in Dance History | | 3 |
| DANC 4654 Cont. Mod. IV or 4664 Ballet IV | | 2 | DANC perform. ² or technique ¹ electives (4 cr. required) | | 2 |
| DANC 4700 Dance Pedagogy | | 3 | [PE Requirement] | | 1] |
| Total | | 13-15 | Total | | 13-15 |

YEAR FOUR — (even yr fall)

| Fall Courses | | Hours | Spring Courses | | Hours |
|---|--|-----------|--|--|--------------|
| CORE Curriculum (Area IV) | | 3 | CORE Curriculum (Area V) | | 3 |
| General Electives | | 3 | General Electives | | 3 |
| DANC 2620 West African (2 cr. required) | | 2 | DANC 4030 Contmpzng Ballet (choose 2 from 3) | | (2) |
| DANC 4800 Sr. Choreo Proj or DANC 4810 App Rsch | | 1 | DANC 4654 or 4664 | | 2 |
| DANC perform. or technique electives (4 cr. required) | | 2 | DANC 4910 Senior Seminar | | 1 |
| Dance major electives (4 cr. required) | | 2 | DANC 2640 Hip-Hop (or additional DANC 2620) | | 2 |
| | | | Dance major electives (4 cr. required) | | 2 |
| Total | | 13 | Total | | 13-15 |

Total Hours Over 4-Year Academic Period: 120 (this total does not include the 1-hour P.E. requirement)

BACHELOR OF ARTS DEGREE IN DANCE

*SAMPLE 4-YEAR PLAN, ODD YEAR ENTRY

Notes

- First 4 semesters of required DANC technique courses (Ballet, Contemporary Modern, Jazz) must be consecutive.
- Students must take 2 courses from DANC 3010 Laban/Bartenieff Movement Studies, DANC 3700 Teaching Dance for Children, or DANC 4030 Contemporizing Ballet

Major Electives

Dance Electives, all with DANC prefix: 1617 Ballroom Foundations II, 1618 Ballroom Foundations II, 1671 Pointe I, 1680 Pas de Deux, 2020 Practicing Wellness, 2030 Pilates Method I, 2040 Yoga: Asana Practice I, 2050 Alternative Dance Forms I, 2060 Aerial Yoga Trapeze I, 2080 Aerial Dance I, 2250 Performance Company II, 2550 Dance Repertory Lab I, 2610 Tap Dance II, 2620 West African Dance Forms & Styles, 2640 Hip-Hop Dance and Culture, 2662L Ballet Lab II, 2672 Pointe II, 2680 Pas de Deux, 2900 Student Performance I, 3010 Laban, 3030 Pilates Method II, 3040 Yoga: Asana Practice II, 3050 Alternate Dance Forms II, 3060 Aerial Yoga Trapeze II, 3080 Aerial Dance II, 3200 Teaching Practicum I, 3210 Teaching Practicum II, 3220 Teaching Practicum III, 3250 Performance Co. III, 3500 Seminar in Dance, 3510 Dance in NYC Field Study, 3520 Movement and Community in Ghana, 3550 Dance Repertory Lab II, 3610 Tap Dance III, 3620 Int/Adv West African, 3640 Int/Adv Hip-Hop, 3643 Jazz Dance III, 3653 Contemp. Mod III, 3663 Ballet III, 3663L Ballet Lab III, 3672 Pointe II, 3680 Pas de Deux, 3700 Teaching Dance for Children, 3800 Choreographic Lab, 3900 Student Performance II, 4000 Independent Study, 4010 Special Topics, 4020 Dance and Community, 4030 Contemporizing Ballet, DANC 4080 Aerial Dance IV, 4250 Performance Co. IV, 4550 Dance Repertory Lab III, 4643 Jazz Dance III, 4654 Contemp. Mod. IV, 4664 Ballet IV, 4664L Ballet Lab IV, 4672 Pointe IV, 4680 Pas de Deux, 4754 Contemp. Mod. IV, 4764 Ballet IV

¹Technique Electives

1617 Ballroom Foundations II, 1618 Ballroom Foundations II, 1671 Pointe I, 1680 Pas de Deux, 2030 Pilates Method I, 2040 Yoga: Asana Practice I, 2050 Alternative Dance Forms I, 2060 Aerial Yoga Trapeze I, 2080 Aerial Dance I, 2610 Tap Dance II, 2620 West African Dance Forms & Styles, 2640 Hip-Hop Dance and Culture, 2662L Ballet Lab II, 2672 Pointe II, 2680 Pas de Deux, 3030 Pilates Method II, 3040 Yoga: Asana Practice II, 3050 Alternate Dance Forms II, 3060 Aerial Yoga Trapeze II, 3080 Aerial Dance II, 3610 Tap Dance III, 3620 Int/Adv West African, 3640 Int/Adv Hip-Hop, 3643 Jazz Dance III, 3653 Contemp. Mod III, 3663 Ballet III, 3663L Ballet Lab III, 3672 Pointe II, 3680 Pas de Deux, DANC 4080 Aerial Dance IV, 4643 Jazz Dance III, 4654 Contemp. Mod. IV, 4664 Ballet IV, 4664L Ballet Lab IV, 4672 Pointe IV, 4680 Pas de Deux, 4754 Contemp. Mod. IV, 4764 Ballet IV

²Performance Electives

2250 Performance Company II, 3250 Performance Co. III, 4250 Performance Co. IV, 2550 Dance Repertory Lab I, 3550 Dance Repertory Lab II, 4550 Dance Repertory Lab III



UNIVERSITY OF GEORGIA

Experiential Learning

Experiential Learning Professional Dance Internships

UGA dance students have the opportunity to participate in the Department of Dance Experiential Learning Professional Dance Internships. The Department of Dance has established Dance Internships for Experiential Learning credit including a teaching internship with the East Athens Educational Dance Center and an arts management internship with Dance ATL. Students may choose an internship in a dance organization that aligns with the student's collegiate program of study in dance and/or professional goals. For the internship, students will carry out projects or activities and tasks, such as teaching dance, practical experience in dance/arts promotion and administration and dance residential workshop activities, under the mentorship of dance and management professionals, which enables students to build skills and professional competencies in their area of interest and academic study in dance, while developing communication skills, teamwork, work ethic, and other workplace skills.

Students may also propose other internships and are required to obtain approval for internship prior to deadlines for the semester in which the internship will be completed. All applications are reviewed by the EL activity director in the Department of Dance, Dr. Lisa Fusillo. Internships will only be approved if they represent a professional experience appropriate to their area of study, and the student is supervised by and receives mentoring from a dance professional.

Dance students interested in this activity will apply with a resume and statement of purpose describing the internship they have secured, how it will further their personal and professional goals, and how the learning experience is an extension of their studies that provides the opportunity to apply knowledge gained in their course work. If questions or need for clarification arises, students will be interviewed by the Department Head prior to judgement on the application submission.

Double Dawgs

The University of Georgia Advantage



Double Dawgs: A.B. in Dance/M.A. in Nonprofit Management and Leadership

The Double Dawg degrees with A.B. in Dance/M.A. in Nonprofit Management and Leadership is designed to train highly motivated students in the artistic, critical, and administrative skills and sensibilities needed for successful careers in dance and arts management, administration, and development. This can be directed to building a dance studio and/or company, as well as working in existing studio/company. The program has a strong emphasis on using dance and the arts to foster social change and to serve communities in the nonprofit sector. Participating students will be at the forefront of future nonprofit dance leaders and entrepreneurs.

The Double Dawgs program was created to give ambitious and motivated students a competitive advantage in today's knowledge economy. By earning both a bachelor's degree and a master's degree in five years or less, students can save time and money while positioning themselves for success after graduation.

Dance majors can apply for this pathway and begin taking graduate level courses in their third year, some of which will also count towards their bachelor's degree. Courses may include: Internships, Fundraising, Stage Management, Community-Based Theatre, Play Direction Laboratory, Grant Writing, Theory and Management of Nonprofits, and related elective courses from other departments. The degree program can be uniquely tailored to individual interests and goals.

Dr. Lisa Fusillo, Double Dawg Program Advisor for Dance/Nonprofit Management

Dr. Lori Tiller, Advisor, MA in Nonprofit Management and Leadership

For more information, visit: <https://doubledawgs.uga.edu/ProgramDetails/12074>

STUDY AWAY IN DANCE

The University of Georgia Office of International Education, the Office of Instruction, the Franklin College of Arts and Sciences, and the Department of Dance offer a multitude of educational opportunities for students to earn credit while studying abroad. Experiences range from Maymester courses, other summer session courses, and semester-long experiences.

❖ Movement and Community in Ghana

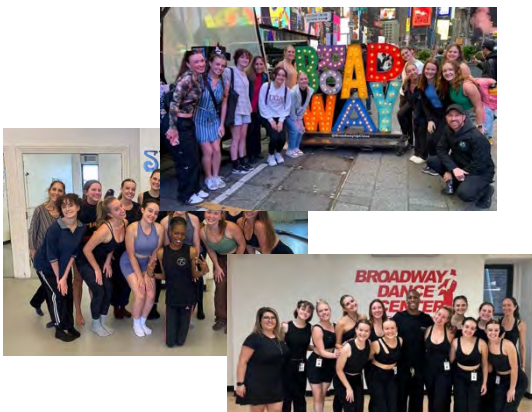
This Study Away program includes a unique opportunity for intensive movement study, exploration, community engagement and performance in the cultural and historically rich surroundings of Ghana. A study in practical and theoretical knowledge of movement, history and culture, well-being, and community performance experiences in different cities across Ghana. Students have wonderful opportunities to work with a locally acclaimed dance company through collaboration, learning a variety of dance movement styles or creating dance choreographies on their own accompanied by traditional/contemporary instruments. The Program begins in the city of Accra and continues throughout some of the surrounding cities such as Koforidua, Aburi, Nsawam, Kumasi, Cape Coast, Winneba, and Tema. Students have the opportunity to learn about the background of each tribe/community they visit to perform and engage/interact with the people. The program also is an introduction as well as an overview experience designed to educate students on the history of trans-Atlantic slave trade, colonization, decolonization and the unparalleled and unmatched contributions African people have made to human civilization. (Places visited may change from year to year.)



For further information, contact **Jason Aryeh**, Lecturer in Dance, at jason.aryeh@uga.edu

Website: <https://studyaway.uga.edu/index.cfm?FuseAction=Programs.ViewProgramAngular&id=13897>

❖ Dance in New York City Field Study



This Maymester course offers first-hand dance experience in New York City, dancing and exploring the historic dance scene in the city. Students participate in classes in dance centers around the city including **STEPS** on Broadway, BROADWAY DANCE CENTER, and GIBNEY COMMUNITY DANCE CENTER, as well as visits to theatres, professional schools, and the Dance Collection at the New York Public Library for Performing Arts; networking with professionals, learning professional practices in preparing for job auditions, and attending performances. Readings, discussions, and reflective practice activities. (Places visited and program of study may change from year to year.)
Dr. Lisa Fusillo, founder & director (2024, 2026)
Barbara Powers, director (2025)

For further information, contact Dr. Lisa Fusillo at lfusillo@uga.edu.

Website: <https://studyaway.uga.edu/index.cfm?FuseAction=Programs.ViewProgramAngular&id=13937>

❖ Other Study Away Programs

Previous Dance Majors have worked with the UGA Office of International Education to connect with worldwide universities and colleges to fulfill a semester-long study abroad in dance, such as a spring semester at the **University of Roehampton** in London, England, earning a full semester of course credits. A UGA dance graduate earned a Master's Degree at the **London School of Contemporary Dance/University of Kent** partnership.

Dance majors have also participated in the **UGA at Oxford Program** for a full semester and for the summer program. The University of Georgia offers its students over 100 faculty-led study abroad programs and more than 50 exchange programs. The UGA Office of International Education assists UGA's international engagement through international collaboration with universities and institutions worldwide. For more information, go to: <https://globalengagement.uga.edu>



Dance students visit to Rome, Italy with Cortona Dance Program, 2022



UGA at Oxford



UGA Dance Major, Avery Scott at Royal Opera House, London while studying with UGA at Oxford



UGA Dance Alum, Toi Brown, graduated from London Contemporary School of Dance/ University of Kent, 2019

The Department of Dance is part of the Franklin College of Arts, which offers Study Abroad programs in Antarctica, Argentina, Australia, New Zealand, Bali, Costa Rica, Croatia, Fiji, France, Germany, India, Italy, South Africa, Tanzania, Ukraine, United Kingdom - Britain and Ireland, as well as the UGA at Oxford program. For more information, go to:

<https://www.franklin.uga.edu/franklin-study-abroad-programs>

Other UGA Domestic Field Study Programs

University of Georgia Domestic Field Study programs provide students with place-based and site-specific learning opportunities within the United States. Some Field Study programs include tours of museums, archaeological digs, geological sites, and other experiences where the site constitutes an important resource for instruction. Programs and information can be found at: <https://dfs.uga.edu>

OTHER OPPORTUNITIES FOR YOUR COLLEGE ADVENTURE

FRANKLIN COLLEGE STUDENT AMBASSADOR PROGRAM

The Franklin College Student Ambassadors is a program under the oversight of the college's office of development and alumni relations. Ambassadors serve at the pleasure of the Dean of the College, assisting with departmental, development, alumni and student activities to enhance the public and instructional image of the College, its students and programs. Eligibility is open to any student in the Franklin College of Arts and Sciences enrolled on campus during the entire following academic year, has completed at least one semester of undergraduate work, and has an overall GPA of no less than 3.0. Ambassadors should be articulate and effective public speakers. They should present a professional appearance and attitude while serving the College and must be able to fulfill their ambassador responsibilities without jeopardizing their academic standing. Ambassadors are expected to be knowledgeable about the UGA campus and the Franklin College. For more information, go to the website: <https://www.franklin.uga.edu/giving/student-ambassadors>

Undergraduate Certificate Programs

For students who may have interests outside of their chosen degree, UGA offers a great number of Undergraduate Certificate Programs such as Musical Theatre Performance, Native American Studies, Sustainability, African Studies, Asian Studies, Global Studies, LGBTQ/Women's Studies and many others. A complete list with links to each program can be found in the UGA Bulletin at: <https://bulletin.uga.edu/Program/Index>

In May 2026 the Department of Dance will offer a Yoga Teacher Training Certification course. Students interested in training for a 200-hour teaching certification for yoga can sign up for a one month intensive designed to cover the core concepts of yoga history, philosophy, anatomy, biomechanics, teaching methodology, business practices and more. The course is open to anyone wanting to deepen their practice and grow confident as a teacher. Email barbara.powers@uga.edu to learn more.



The National Student Exchange

National Student Exchange (nse.org) provides opportunities for intercollegiate exchange programs within a network of 160 institutions in the contiguous United States, Alaska, Guam, University of Hawaii at Hilo, Puerto Rico, and the U.S. Virgin Islands. NSE is a 501(c)(3) education non-profit organization whose members sponsor collegiate study away exchanges among the consortium to enhance academic offerings and cultural perspectives. In many instances, students pay tuition and fees to their home institution when participating in an NSE program, so the only cost would be living costs at the host institution.



DANCE SCHOLARSHIPS

The Department of Dance offers scholarships for both incoming and returning dance majors only (unless otherwise noted). Incoming first year students are automatically considered for a scholarship at the time of auditioning to be a dance major. Applications and auditions for scholarships for returning students will take place each spring. Below is a list of dance scholarships available for returning dance majors to apply.

Lucy Lampkin and Friends of Dance Tuition Scholarship:

The Lucy Lampkin Dance Endowment was established to provide scholarship funding for dance majors and is supplemented by The Friends of Dance Fund donors. Dance Majors will submit their application and attend an audition in the spring semester to be considered for this tuition scholarship. Funds awarded will be applied to the enrolled student's account in late July for fall and/or spring semesters of the following academic year.

The Cynthia Jarvis Memorial Scholarship:

Established in 1998 by Virginia M. Carver, Associate Professor Emerita of the Department of Dance, this summery study scholarship honors the memory of Cynthia Jarvis (1957-1993) who pursued the B.S.Ed. in Dance at the University of Georgia 1989-92. Cynthia benefitted immensely from summer study at the American Dance Festival at Duke University and priority is given to those planning to attend ADF, however, all students with plans to attend a serious professional dance training program of 3 weeks or longer will be considered. NOTE: This scholarship is open to both current and recently graduated (summer after graduating) dance majors who are pursuing further education at UGA.

Mark Wheeler Dance Student Support Fund:

The purpose of the Mark Wheeler Dance Student Support Fund is to provide support for undergraduate students in the Department of Dance, including dance majors, dance minors, and students pursuing other majors who are studying ballet, contemporary, ballroom, jazz, tap, other dance genres, or are members of the Ballroom Performance Group ("BPG"). Support shall include, but not limited to, travel for conferences, auditions, and research. Other special expenses incurred in pursuit of dance studies may be considered.

Cora Nunally Miller Fine Arts Scholarship:

The Cora Nunally Miller Fine Arts Scholarship is awarded through the Franklin College of Arts and Sciences based on nominations submitted departments in the Fine Arts Division of the college. In years when funds are available, there may be an award for a Fine Arts Scholar (current year freshman) and/or an incoming freshman. Nominated students will be contacted by the department head or department faculty to request materials for submission.

Other Department of Dance scholarship opportunities may be announce throughout the year.

Additional scholarships that Franklin College majors may apply for can be found at: <https://osas.franklin.uga.edu/undergraduate-student-scholarships-and-awards>. Other UGA scholarships and financial aid resources can be found at: <https://osfa.uga.edu>.

POLICY ON FINAL EXAMS IN DANCE TECHNIQUE CLASSES

FINAL EXAMINATIONS IN DANCE TECHNIQUE CLASSES

Each semester, movement assessments will be given in every class. However, each faculty will choose how and when to assess their students on the technical and artistic criteria of their discipline (as stated in the handbook).

UGA FINAL EXAM POLICY

A final examination schedule is produced each semester by the Office of the Vice President for Instruction. No time and date departures from the examination schedule should occur without prior approval of the dean of the school or college and the Vice President for Instruction. Similar advance approval also must be obtained to administer standardized, departmental "mass" examinations to groups of students enrolled in the same course. Although there are special courses where a final examination of the regular type may not be appropriate, each student must be provided the opportunity to stand for a final examination as part of the completion of a full instructional term. Each instructor has the authority to design and administer the final examination in whatever manner is appropriate. Additionally, the instructor has the authority to structure the course syllabus and content so that the final examination may be a summative evaluation of the entire term's work or a portion of the term's work. Take-home exams are permissible as long as the exams are not due earlier than the final examination time slot as assigned by the University.

Policy on Mandatory Assignments, Tests, and Quizzes During Reading Days and the Final Instructional Day of a Course

Reading Days--Reading Days are designed to provide time for students to prepare for final examinations. No mandatory assignments scheduled for completion during the Reading Days, either for course work or extra-curricular or co-curricular activities, shall be given to students by University personnel. Exceptions for good cause can be made to this policy by the Vice President for Instruction. Nothing in this policy limits the ability of instructors to schedule optional study reviews for their students during these days.

Final Instructional Day--No tests or quizzes are to be administered on the final instructional day of a course, unless the course has not been assigned a final examination time slot by the University. All labs may administer tests or quizzes on the final instructional day. For purposes of this policy, student presentations to the class in a seminar or graduate course shall not be considered a test or a quiz.

FINAL EXAMINATION CONFLICTS

Upon the consent of the academic department, the individual faculty instructor has the authority to manage students who have conflicts with the final examination schedule. A student with three final examinations scheduled within a twenty-four (24) hour period* or two examinations at the same time may petition to reschedule one exam to a different time or day. If one of the conflicting final examinations is a mass exam, then it should be rescheduled first.

***The twenty-four (24) hour period begins at the start time of the first exam.**

(Full policy and additional links at: <https://req.uga.edu/general-information/calendars/final-exam-schedule/>)

DANCE BUILDING OPERATION HOURS

The Dance Building will be open between the hours from 8:00am to 7:00pm each weekday (office hours may vary) and no one will be allowed to remain in the building after that time with the exception of faculty lead rehearsals and students in YCS/YCL performance rehearsals. Saturday and Sunday the building will be locked and closed to all students, staff, and faculty (faculty and student choreographers may request approval from the Department Head for after hours and weekend needs). In Fall 2024 the Dance Building moved to keycard access entry after hours. You **MUST** be approved and entered into the access system to use your UGA ID card to enter. **NOTE:** Building open hours may be changed throughout the year to accommodate for performances and rehearsals.

DANCE BUILDING OPERATION POLICIES

ATTENTION ALL CHOREOGRAPHERS and PERFORMANCE MEMBERS:

To Ensure Safety and Security During Evening and Weekend Rehearsals and Activities, PLEASE Use the Following Procedures When Entering and/or Leaving the Dance Building.

CHOREOGRAPHERS and DANCERS - Absolutely DO NOT prop open doors to the outside. Please stand by the door and let each student in or appoint someone in your piece to do this. **KEEP THE DOORS LOCKED** to the outside at all times.

Please **DO NOT** open or close the windows in the studios. If the studio is too warm, you may move to another space that is available.

Please **DO NOT** touch the stage curtains in any of the studio spaces. The oils on your hands and body will damage the material over time.

Production equipment, scenery, props, etc., are to be used **only** during faculty supervised, company rehearsals. Please do not handle, move or tamper with anything in the backstage area that is not part of your rehearsal. **No one is allowed on the aerial equipment when they are not involved in a faculty led class or rehearsal.**

If anyone is in the building that is not in a scheduled activity, **PLEASE ASK THEM TO LEAVE.** If you see a **suspicious person and/or you feel uncomfortable, CALL SECURITY: CAMPUS POLICE EMERGENCY 911, NON-EMERGENCY 706-542-2200.**

**** Please continue to take extra precautions during football game weekends and be sure to follow these procedures throughout the year.****

To help maintain the cleanliness of the Studios in the Dance Building
we are enforcing the policy of:

**NO STREET SHOES AND NO
FOOD OR BEVERAGES
ALLOWED IN THE STUDIOS**

This policy does not include bottled water, which is permitted in studios.

Studio 267, Studio 269, Studio 272, Studio 274,
Studio/Theatre 276, Classroom 304

The Dance Department would also like to inform students that the operation of such items as blackout shades (blinds), curtains, cooling/heating thermostats, and the opening of windows is strictly prohibited. Student cooperation in these matters will maintain the quality of our building. Please see a faculty member for assistance.

Thank you

for attending to these policies and procedures. Please report to us if
you notice that these are not being observed.

DANCE BUILDING OPERATION POLICIES

DANCE BUILDING AREAS APPROVED FOR FOOD AND DRINK

1. Plaza located outside the EAST end of the Dance Building.
2. Steps and landings outside of the entrance doors. Please do not block the entrance way.
3. Room 150, the Green Room area of the Dressing Room, except during productions.*
4. Wood floor area outside of dance studios 269, 272, 276.
5. Corridor outside of the Women's Locker Room downstairs.
6. The Dance Media Center (room 305)
EXCEPT at the computers and video editing work stations.

* Please take care to pick up after yourself and keep all student lounge areas, including dressing room, and department hallways clean! Do not leave food sitting out (use the refrigerator in dressing room), and please do not let food sit in fridge for long periods of time (clean out regularly, especially before semester and holiday breaks!). Be sure to take your belongings with you during extended breaks and at the end of the year. The department is not responsible for lost items. And please leave the dressing room as clean as you found it before a show. Thank you!

RESOURCES FOR DANCE MAJORS

There are many resources available to assist dance majors in their academic, creative and physical training pursuits.

❖ Libraries

There are five libraries at UGA that provide valuable materials for dance majors:

- Main Library
- Curriculum Materials Library (many DVDs, Educational material)
- Science Library
- Hugh Hodgson School of Music Library (for audio recordings)
- Department of Dance Library in room 305

For a listing of dance holdings in the UGA Main Library, students may go to the Dance Department website, www.dance.uga.edu and click on the tab “Programs” at the top of the page. The headings are “Main Library Dance Resources by Subject” and “Main Library Dance E-Journals”. The website provides direct links to dance books in the library by category and to a list of dance journals housed in the Main Library.

For information about the Main Library hours of operation, go to: www.libs.uga.edu
Curriculum Materials Library in Aderhold Hall: www.coe.uga.edu/cml
Science Library: www.libs.uga.edu/science
School of Music Library: www.libs.uga.edu/music

The Department of Dance has a small library of books and journals in the Media Center in Dance Building room 305, open during regular school hours.

❖ Studio space

In normal circumstances, Senior and other dance majors have the opportunity to use the departmental dance studios. Dance majors usually may schedule studio use with Betty Prickett, Business Manager, or Carina McGeehin, Technical Director for their rehearsals and their work with the department only. Use of the studios for groups you are involved with outside of the department are not allowed. Faculty and Guest Artists have priority in scheduling, dance majors have second priority; and requests from others will be considered when open/space time slots exist.

❖ Video cameras

The Department of Dance owns several video cameras for dance majors to use in their creative work. These cameras, along with tripods, may be checked out through Carina McGeehin, Technical Director in Dance in room 275. Students will be held responsible to replace cameras and equipment checked out and not returned or returned broken.

❖ Media Center

The Media Center, on the third floor of the Dance Building, in room 305 adjacent to Classroom 304, houses a small library of dance books and magazines fully available for students use. This resource is generally available M-F 9:00 am - 5:00 pm.

HEALTH/INJURY INFORMATION AND CONTACTS

DANCERS - FOR YOUR INFORMATION AND CARE

If you have chronic or overuse injury, you might see someone on campus:

Andy Smith, Physical Therapist, PT Department Manager - 706 542-8634

Physical Therapy - University Health Center, <https://healthcenter.uga.edu/services/physical-therapy>

For eating issues or if you would like to better understand good nutrition:

Health and Promotion - University Health Center, <https://healthpromotion.uga.edu>

For Counseling and Psychiatric Services (CAPS) - 706-542-2273, <https://caps.uga.edu>

FOR OTHER ASSISTANCE

Dr. Becky Laird, Chiropractor

Life Source Healing Center, 1492 Prince Ave.

706-369-3600

<https://drbeckylaird.com>

Joseph Kostuch, Physical Therapist

HPRC Physical Therapy, 788 Prince Ave., Ste. C

706-543-2111

<https://hprc.net>

FIRST AID IMMEDIATELY AFTER AN ACUTE INJURY*

*International Association of Dance Medicine and Science. (2010). Resources: First Aid for Dancers

All dancers need to remember the acronym PRICED – an invaluable first aid guide to the immediate treatment of injuries. Using PRICED in the first minutes and hours after an injury occurs can help in controlling the severity of inflammation and/or pain and in assisting a safe return to dancing.

PROTECTION: Remove additional danger or risk from injured area.

REST: Stop dancing and stop moving the injured area.

ICE: Apply ice to the injured area for 20 minutes every two hours.

COMPRESSION: Apply an elastic compression bandage to the injured area.

ELEVATION: Raise the injured area above the heart.

DIAGNOSIS: Acute injuries should be evaluated by a health-care professional.

Avoiding Further HARM

In the first few days after an injury, remember to avoid HARM.

HEAT: Any kind of heat will speed up the circulation, resulting in more swelling and a longer recovery.

ALCOHOL: Alcohol can increase swelling, causing a longer recovery.

RUNNING OR OTHER EXCESSIVE EXERCISE: Exercising too early can cause further damage to the injured part. Exercise also increases the blood-flow, resulting in more swelling.

MASSAGE: Massage increases swelling and bleeding into the tissue, prolonging recovery time.

To understand how **PRICED** and **HARM** work, dancers need to learn more about the way the body reacts to injury.



University Health Center, (706) 542-1162
<https://healthcenter.uga.edu>

The University Health Center offer medical, wellness, and counseling services. Every student is assigned a primary health care provider home (Red., Blue, Green, or Gold).

The health center is located at the intersection of East Campus and College Station Roads and the entrance to the parking lot is accessible from Carlton Street. Patients may park in the lot only while visiting the health center. UHC has a stop on the East Campus Shuttle, Bulldog Housing, and Park & Ride bus routes.

MEDICAL SERVICES

Allergy Clinic, Counseling and Psychiatric Services, Dental Clinic, Dermatology, Health Promotion, Laboratory, Massage Therapy, Pharmacy, Physical Therapy, Radiology, Sports Medicine, Travel Clinic, Urgent Care, Vision, Women's Clinic

Please check website (<https://healthcenter.uga.edu>) for operational hours. Some clinics offer weekend hours during the school year and weekday hours during the summer.

ADDITIONAL SERVICES

CAPS: Counseling and Psychiatric Services: <https://caps.uga.edu>

The Fontaine Center: <https://healthpromotion.uga.edu/fontaine-center>

Student Care and Outreach: <https://sco.uga.edu/>

Well-Being Resources: <https://well-being.uga.edu>

CLINIC HOURS

Medical Clinics Blue, Gold, Green, and Red, Gynecology Clinic, Allergy/Travel Clinic, Dental Clinic, Dermatology, Health Promotion Department, Physical Therapy, Sports Medicine Clinic

Fall-Spring-Summer Monday-Friday 8:00 am - 12:00 pm, 1:00 pm - 5:00 pm
After Hours Nurse Line 1-855-622-1909

See <https://healthcenter.uga.edu/about/hours/> for more info and hours of additional clinics.

If you have an urgent medical need when the University Health Center is closed, you should go to one of the two local hospital emergency departments:

St. Mary's Hospital
1230 Baxter St.
Athens, GA 30606
706-389-3000

St. Mary's Ambulance: 911

Piedmont Athens Regional
1199 Prince Avenue
Athens, GA 30606
706-475-7000

ARMC Ambulance: 911

UGA Campus Police (may provide minimal medical attention)
911 Emergencies, 706-542-2200 Non-Emergency

In case of a life-threatening emergency call 911.